Creative Self-Efficacy: A New Approach to Social Support and Creativity of SMEs' Owners

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Abstract:

Small and Medium Enterprises (SMEs) have a very important role in the economic equality of the community and have a high employment rate.

This study examines the direct and indirect effects of social support and creative self-efficacy on the creativity of SMEs' owners in Banyumas, Indonesia. The sample consists of 119 respondents obtained from Small and Medium business owners in this region. They complement the measure of social support and creative self-efficacy towards the creativity of SME' owners. Structural equation modeling is used to test the proposed relationship between variables using the maximum likelihood estimation of the sample covariance matrix.

The results show that social support, significantly positively influences creative self-efficacy and owner creativity, creative self-efficacy significantly influences the creativity of the owner. The findings also reveal that creative self-efficacy can mediate the relationship of social support with owner creativity. The implications of this study are also discussed.

Keywords: Indonesia, social support, creative self-efficacy, owner's creativity, Structural Equation Modeling.

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1. Introduction

Positive organizational behavior (Cameron, 2003) has highlighted positive strengths (such as psychological capital, related workflows) of employees, managers, and leaders to improve the optimal work outcomes of work behavior (for example, increased performance, creativity, and innovation). The development of positive psychology has contributed and focused on positive rather than negative things, for example, on psychological capital (Luthans *et al.*, 2007). Psychological capital is an approach to optimize the psychological potential possessed by individuals characterized by: (1) the existence of self-efficacy, namely taking the necessary actions, to achieve success in challenging tasks; (2) positive attribution (optimism); (3) resistance in achieving goals, namely the ability to redefine the road to achieve goals if hope; (4) when facing problems and difficulties, are able to survive and continue (resiliency) in achieving success (Luthans *et al.*, 2007). Osigweh (1989) states that psychology capital is an approach that is characterized by dimensions that can optimize the potential of the individual so that it can help organizational performance.

There is growing empirical evidence that psychological capital has a positive impact on individual attitudes and work behaviors (Luthans *et al.*, 2008; Riswanto *et al.*, 2018). This has been shown in the results of longitudinal studies (Avey *et al.*, 2010; Luthans *et al.*, 2006) and in a field study conducted by Culbertson, Fullagar and Mills (2010). In addition, previous studies have shown that a lack of creativity at all levels can seriously damage the competitiveness of an organization (House, 2004). Studies have clearly demonstrated the importance of creativity for competitive advantage (Amablie, 1996; Argyris and Schön, 1978; Nonaka, 1991; Oldham, 2002). An enhanced understanding of the antecedents of personal and psychological creativity can inform efforts to create and maintain creativity in the organization. This study attempts to focus on the need to integrate PsyCap and the related work flow literature (Gardner *et al.*, 2005, Yammarino *et al.*, 2008) and help understand the process in which this contributes to the results of employee creative work.

Behavior and creativity have focused on the role of positive psychological capital (Avey *et al.*, 2009; Peterson *et al.*, 2009; Sweetman *et al.*, 2011), whether individuals have positive psychological traits certain (for example, creative self-efficacy and optimism) will really show creative behavior. In particular, there is empirical evidence of a positive relationship between emerging positive psychological resources and attitudes and performance in the workplace as a whole (for example, Luthans *et al.*, 2007), their relationship with creative performance has not been directly tested. Therefore, this study addresses and provides empirical evidence to fill the gaps that exist in the theoretical literature.

2. Literature Review and Development of Hypotheses

Social cognitive theory shows that individuals are motivated by an assessment of their ability to perform certain tasks (or behaviors) and in the hope that they will produce actions (Bandura, 1986; 1997). Assessment of the abilities, beliefs, and expectations of these individuals can be influenced by their self-efficacy. Individuals who have a high level of self-efficacy can feel more confident and feel difficulties as challenges; These people may also set high goals and try harder to overcome the challenges themselves.

Psychological capital (PsyCap) is operationalized as a core factor consisting of optimism, hope, self efficacy and resilience (Avey *et al.*, 2011). Avey *et al.* (2011) in a meta-analysis concluded that there was "a positive relationship between PsyCap and desired aryawan attitudes (job satisfaction, organizational commitment, psychological well-being), desired employee behavior (citizenship), and several measures of performance (self, supervisor evaluation, and objective. "They also found a significant negative relationship between PsyCap and unwanted employee attitudes (cynicism, intention to move, work stress, and anxiety) and unwanted employee behavior (deviation). Other studies have shown a positive relationship between PsyCap and well-being, and negative relationships with negative emotional states and fatigue (Luthans *et al.*, 2007; Youssef & Luthans, 2007).

The construct of creative self-efficacy is expanded from self-efficacy and is defined as trust (or self-confidence) that reflects a person's confidence in his ability to carry out innovation tasks (Nurfaizal *et al.*, 2018; Tierney & Farmer, 2002; 2011). Individuals with high creative self-efficacy can mobilize motivation, cognitive resources, and actions needed to meet situational demands.

2.1 The relationship between social support and creative self-efficacy

Li et al. (2014) have proposed that psychological capital has a state-like nature and is therefore open to development. There is accumulation of evidence to support the positive influence of social support on the components of psychological capital (i.e., self-efficacy, optimism, hope, and resilience). For example, Foote et al. (1990) report a significant relationship between social support and expectations, and social support and self-esteem. In addition, in their study Dougall et al. (2001) reported that social support had a positive influence on optimism. Liu et al. (2013) stated that there is an influence of social support for self-efficacy. Luthans et al. (2008) provide direct evidence that a supportive climate has a positive impact on psychological capital. Studies show that social support has a beneficial effect on psychological well-being (Siedlecki et al., 2014; Nurfaizal et al., 2018). The development and consolidation of perceived self-efficacy is achieved in relation to perceived social support (Schunk and Meece, 2005). Social support is an important aspect to improve self-efficacy, and research has shown that one's self-efficacy has a positive correlation with the social support they get. That is, the more social support persons receive, the higher their self-efficacy (Wang et al., 2015; Khairuunnisa and Supriatna, 2018). Therefore, we propose the following hypothesis:

Hypothesis 1: Social support will significantly predict psychological capital.

2.2 The relationship between creative self-efficacy and creativity

Creative self-efficacy reflects a person's belief in the ability to perform certain tasks in the innovation process (Luthans *et al.*, 2007; Youssef & Luthans, 2007). Previous research shows that self-efficacy influences employee work performance, wellbeing, work attitudes (Avey *et al.*, 2010; Culbertson *et al.*, 2010), and behaviors related to creative behavior, such as problem solving (Avey *et al.*, 2009; Peterson *et al.*, 2009). Avey *et al.* (2011) concluded that there was a positive relationship between PsyCap and desired employee behavior and several measures of performance. Because creativity is a risky endeavor (Yuan & Woodman, 2010), employees face many risks in the creativity process. Someone needs positive psychological capital to overcome uncertainty and failure in the process of creativity. Therefore, the main objective of this study is to expand the literature on creativity by introducing positive psychology theory and empirically testing the relationship between creative self-efficacy and creativity. Therefore, we propose the following hypotheses:

Hypothesis 2: Creative self-efficacy will significantly predict creativity.

Hypothesis 3: Creative self-efficacy will reduce the relationship between social support and creativity. Owners with a high level of social support will have a higher level of creativity if they have high creative self-efficacy.

2.3 The relationship between social support and creativity

Contextual characteristics that get attention in the literature, and explain how each characteristic can influence creativity include social support. Previous research provides support for this argument (Amabile & Gryskiewicz, 1989; Cummings & Oldham, 1997; Madjar et al., 2002; McGlynn et al., 1982; Torrance, 1965). For example, Amabile et al. (1996) found that individuals in work teams were more creative when their coworkers supported and encouraged. Similarly, Zhou and George (2001) show a positive and significant relationship between employee creativity and peer support and information feedback. However, other studies failed to support this argument. Zhou and George (2001) found an insignificant relationship between employee creativity and the extent to which coworkers provided constructive assistance at work or inaccurate communication. Van Dyne et al. (2002) found an insignificant relationship between creativity and "work tension" (i.e., the extent to which employees debated with members of their working groups and experienced conflicts with them). Finally, Shalley and Oldham (2004) show that individuals who compete with others produce ideas that are higher in overall creativity than those who are not in competition. Therefore, we propose the following hypothesis:

Hypothesis 4: Social support will significantly predict creativity.

3. Methodology

3.1 Research design and sample

The study design used a cross-sectional survey conducted in Banyumas Regency, Indonesia, during the period August 2017-November 2017. The sample involved 119 owners of Small and Medium Enterprises (SMEs) located in Banyumas Regency in Indonesia. Structural equation modeling is used to test the proposed relationship between variables using the maximum likelihood estimation of the sample covariance matrix. The criteria used to assess structural models include the goodness of fit index (GFI), comparative improvement index (CFI), Tucker-Lewis index (TLI), and root mean square error approximation (RMSEA). $\chi 2$ / df < 3, GFI, CFI, and TLI > 0.90, and RMSEA < 0.08 indicates the adequacy of the data in the model (Hair *et al.*, 2014). Whereas to find out whether creative self-efficacy can mediate social support with creativity, the Sobel-test analysis is used (Ghozali, 2016).

3.2 Measurement

To measure support we use five items of questions from Cheng *et al.* (2008). Creative self-efficacy is measured by four items with the creative effectiveness scale of Tierney and Farmer (2002). To measure owner creativity, this study uses four items proposed by Vandeleur *et al.* (2001), Howard *et al.* (2008), Snider *et al.* (2016), all individual questions from the three variables above were adjusted. This study adopted seven behaviors, on a scale ranging from 1 (strongly disagree) to 7 (strongly agree).

3.3 Procedure

Official permission is obtained from the Department of Industry, Small and Medium Enterprises Banyumas Regency, Indonesia. Information on approval was obtained from each respondent and given a brief explanation of the purpose of the study. The researcher also ensures the confidentiality of information and ensures that information will only be used for academic purposes. There is no time limit for completing the questionnaire to maximize the completion of the questionnaire. Written instructions as well as verbal narratives are provided so that the respondent maximally understands and reduces related ambiguities.

4. Results

Table 1 shows the correlation between research variables. The results of the study show that social support variables, creative self-efficacy and creativity have shown significant positive relationships with each other. It has been found further that

social support is significantly associated with creative self-efficacy and creativity. Likewise creative self-efficacy is significantly related to the creativity of SME owners. In other words, it has been found that SME owners who have a higher level of social support also experience an increase in the level of creative self-efficacy and show greater creativity. Therefore SME owners with higher social support have more creative self-efficacy and higher social support owners and creative self-efficacy are more creative.

Table 1: Correlation matrix between research variables between SME owners (N = 119)

Variable				
		Social Support	Creative Self_efficacy	Creativity
Social Support	Pearson Correlation	1	.400**	.424**
	Sig. (2-tailed)		.000	.000
	N	119	119	119
Creative Self_efficacy	Pearson Correlation	.400**	1	.539**
	Sig. (2-tailed)	.000		.000
	N	119	119	119
Creativity	Pearson Correlation	.424**	.539**	1
	Sig. (2-tailed)	.000	.000	
	N	119	119	119
**. Correlation is sign	nificant at the 0.01 lev	vel (2-tailed).		

Table 2 shows the results of structural equation modeling (using SPSS Amos 21 with the maximum likelihood estimation method) testing the causal model. The results showed that the chi-square X2 produced was 68,787 smaller than the chisquare value of the Table with an error rate of 1% and the sample size 119 which is 157,799. This value indicates that the tested model is accepted in good category. The resulting probability value is 0.649, which is much greater than the cut-of value of 0.05. This value indicates that there is a significant difference between the data covariance matrix and the estimated covariance matrix, so that the model is accepted in the good category. The CMIN/DF value of the full SEM model in this study is 0.930 smaller than the cut-off value which is 2.00 which indicates that the fit between the model and the data, which means the model is accepted in good category. Referring to the results of the goodness of fit test in Table 2, it is known that the GFI value is 0.930 greater than the cut off value which is 0.90. This value indicates that the suitability level of the weighted proportion of the sample covariance matrix variance explained by the population matrix estimated is in the good category. Furthermore, the full SEMFI model SEM value of this study is 0.901 which is also greater than the cut-off value of 0.90. This AGFI value indicates that the suitability between the weighted proportion of variance in the sample matrix explained by the estimated population matrix is in the good category. The goodness of fit model test results show that the TLI value is 1.011 greater than the cut off value which is 0.95. The TLI value indicates that the degree of conformity of the incremental index that compares the model with the baseline model is accepted in the good category. The CFI value in this research model is also greater than the cut off value, which is 0.95. This value indicates that the suitability of the index comparing a model tested against the baseline model is accepted in the good category. The data in Table 2 also shows that the RMSEA value is 0,000 smaller than the cut off value which is 0.08. This value shows the index accepted by the model which shows a close fit of the degree of freedom model in good category.

Table 2: Summary of Goodness of Fit Test Results

Goodness of fit Index	Analysis Results	Cut of Value	Model Evaluation
X ² Chi-Square	68.787	< 164.694	Fit
Probability	0.649	> 0.05	Fit
CMIN/DF	0.930	< 2.00	Fit
GFI	0.930	> 0.90	Fit
AGFI	0.901	> 0.90	Fit
TLI	1.011	> 0.95	Fit
CFI	1.000	> 0.95	Fit
RMSEA	0.000	< 0.08	Fit

Based on the summary of SEM analysis results in Table 3 it can be seen that the value of critical ratio (CR) for the influence of social support variables for creative self efficacy is 4.057 with a value of P 0.000, the value of critical ratio (CR) for the influence of social support variable on creativity is 2.044 with P value 0.041, the value of critical ratio (CR) for the influence of the creative self efficacy variable on creativity is 2.596 with a P value of 0.009, therefore, hypotheses 1, 2 and 4 are supported.

Table 3: Standarized regression weight for hypothesis testing

Causal Relationships			C.R.	P
Creative_Self_Efficacy	<	Social Support	4.057	***
Creativity	<	Social Support	2.044	.041
Creativity	<	Creative_Self_Efficacy	2.596	.009

Referring to the results of the calculation of the Sobel test, it can be seen that the value of t calculated variable social support for creativity through creative self efficacy is 2.153 greater than the value of t Table (1.980). Thus, hypothesis 3 is supported.

5. Discussion

Creativity is the first step in innovation, and innovation is very important for long-term organizational success (Amabile, 1997). Thus, organizations need to utilize and facilitate creativity. This study can help organizations and researchers to identify ways to address this need. This study was designed to assess the role of social

support and creative self-efficacy related to the creativity of SME owners in Banyumas, Indonesia. It is also intended to analyze the role of creative self-efficacy in mediating the relationship between social support and creativity. The findings show that social support relates to creative self efficacy of SME owners. Previous empirical evidence (Foote *et al.*, 1990; Dougall *et al.*, 2001).

Liu *et al.* (2013), Luthans *et al.* (2008), Siedlecki *et al.* (2014), Schunk and Meece (2005) and Wang *et al.* (2015) also show that the more social support a person receives, the higher its self-efficacy.

Similarly, it has been found that creative self efficacy positively predicts desired creativity, in addition to creative self efficacy can mediate the relationship between social support and creativity. This is in line with the findings of Avey *et al.* (2010), Culbertson *et al.* (2010), Avey *et al.* (2009), Peterson *et al.* (2009), Avey *et al.* (2011) and Yuan & Woodman, (2010). The results of this study also show that social support is a major predictor of creativity of SMEs' owners. This has extensive support from previous literature (Amabile & Gryskiewicz, 1989; Cummings & Oldham, 1997; Madjar *et al.*, 2002; McGlynn *et al.*, 1982; Torrance, 1965. For example, Amabile *et al.* (1996), Zhou and George (2001) and Shalley and Oldham (1997) have showed the important role of social support.

Figure 1. Structural equation modeling to predict creativity

Therefore, this study indirectly reinforces theoretical and empirical evidence that shows that social support and creative self efficacy can help the development of creativity. This is a contribution to the field where empirical studies need to be conducted, especially regarding mediating variables that explain the impact of social support in the results of the creativity of SME owners.

6. Conclusion

The findings of this study indicate that social support and creative self efficacy are predictors of creativity, and also identify the relationship of social support with creativity mediated by creative self efficacy. An additional highlight of this study is that creative self efficacy has a stronger influence than social support for creativity. However, it can be noted that these findings are based on data from samples taken from parts of Indonesia and therefore cannot be generalized widely other than that longitudinal approaches must be used in future research.

7. Implications

Related creativity and benefits for the organization in obtaining competitive advantage. We suggest that it is important to recognize that the level of individual creative self-efficacy also plays a role in increasing the positive contribution of social support to creativity. In the context of Small and Medium Enterprises, human resource practitioners can identify and design jobs by optimally promoting social support and creative self-efficacy among SME owners to accelerate their creative production. Industrial psychologists / organizations can design and develop training modules that can encourage creative self efficacy by increasing self-motivation and intrinsic motivation of SME owners.

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